HACKNEY HOSPITAL
Pile of poems
Hospital decor too SEVERE?

ENDURING too much stress?

CORE offers you time to unleash your CREATIVITY!

'An artist is a dreamer consenting to dreams of the actual world.'
CREATIVE WORK PLAN

The creative work plan is designed to assist you in focusing on what you want to achieve and to help track your creative development at Core Arts.
“At Core, I’m not “the only bipolar in the village.” I didn’t know any other functional bipolar people before this. It helps me feel not isolated, and it helps me feel relaxed. The people make the place. There’s an optimistic vibe. It doesn’t feel heavy here. It’s a positive vibe”
“I think music for the rest of my life is going to be a hobby for me. So in my leisure time, I will always have a time to do music. It helps me stay well. It helps me grow in confidence. It may not be a career for me, but once my confidence is at a reasonable level, then I’ll be well able to go out there and look for work. Because I intend going back to work again.”
“On a practical level, Core has benefitted me by giving me professional aids. Being shown video editing was brilliant, as it helped me get documentation of my work that I can approach galleries with and that I can use when I seek representation. There's so much I want to do. I want to establish my career, whatever form that may take. I think it's going to be interesting.”
DREAM A DREAM

ALISON DAWN WEST

HAVE TRUST IN SOMEONE THEY WILL BE TRUSTED.

HAVE FAITH IN SOMEONE THEY WILL HAVE FAITH.

HAVE AMBITION FOR SOMEONE THEY WILL HAVE AMBITION.

HAVE LAUGHTER FOR SOMEONE AND THEY WILL LAUGH.

BELIEVE IN SOMEONE'S HONESTY, AND THEY WILL BE HONEST.

ABOVE ALL DREAM A DREAM FOR SOMEONE AND THEIRS MIGHT COME TRUE

CORES PHILOSOPHY PERCEIVED BY ALISON WEST