The City of London Growing Localities Awards 2013/14

A. About the Awards

Lemos&Crane working with City Bridge Trust presents the Growing Localities Awards 2013/14. A total of £2,500 prize money is being offered to projects using nature to enhance and improve local communities and the lives of vulnerable or socially excluded people, generating positive outcomes such as health and well-being, new skills and knowledge, new relationships, and a sense of purpose and belonging.

There will be 6 award categories from which a winner and three runners up will be selected:

The 6 award categories are:

- **GARDENING AND GROWING FOOD** – for communal eating and small-scale enterprise
- **LOOKING AFTER ANIMALS** – bees, chickens, pigs, etc for the experience of care but also to farm
- **NATURE-THEMED ARTS AND CRAFTS** – woodcraft, photography, film-making, writing, etc
- **EDUCATIONAL ACTIVITIES ABOUT WILDLIFE AND NATURE** – including trips and excursions to teach people about flora and fauna
- **RECLAIMING AND DEVELOPING WASTELAND** – projects initiated and led by residents and tenants
- **“GREEN” EXERCISE** – groups for walking, cycling, running, etc with a nature theme

Entries are invited from non-profit organisations in London such as:

- Community-based and voluntary organisations
- Faith groups
- Health organisations
- Homeless agencies
- Hospices
- Prisons
- Resident committees
- Schools
- Social housing providers
- Social care providers
- Supported housing providers (providing mental health services, substance misuse, learning disabilities, etc)
B. Timetable

- Deadline for entries – Friday 24\textsuperscript{th} January, 2014
- Shortlist announced – Friday 21\textsuperscript{st} February, 2014
- Winners announced – April 2014

C. Rules and procedures

1. Entries must be completed using this entry form and submitted electronically here

2. Receipt of all entries submitted online will be automatically acknowledged.

3. Entrants may be asked to provide further information.

4. The judges' decision is final. Awards will be made at the judges' discretion and no correspondence will be entered into concerning any decision. Not all the awards advertised may be awarded if the judges consider the criteria have not been met. Additional commendations may be made at the judges' discretion.

5. The content of any entry may be used for informing other practitioners and also for publicity purposes unless the entrant withholds their consent to this in writing.

6. Entrants are deemed to have accepted these rules and procedures and to have agreed to be bound by them when entering this competition.

D. Your Entry

Please do not exceed 1500 words in total.

1. Name of the project you are entering for The City of London Growing Localities Awards 2013/2014

   DIGIT dance and movement group

2. Award category you are entering

   “GREEN” EXERCISE

3. Describe your project in one sentence

   Young people with a disability will create and perform a dance about how plants live throughout the seasons.
4. Specify the setting(s) where your project is delivered (eg homeless agency, housing organisation etc)?

CUFOS (Community use for the Old Station) at Alexandra Palace.

5. What are the project’s objectives?

To help the young people understand how plants cope with seasonal changes and express this through dance using both dance and movement therapy techniques.

6. What are the project’s activities?

We meet once a week at CUFOS. The young people mainly have Down’s syndrome although not all of our members do. They are encouraged to exchange news about themselves with the group and then take part in movement and dance therapy with a qualified teacher.

7. What has been the impact / achievement of the project?

The project has been running for ten years and all of the participants love it. They only leave when they go off to residential colleges.

The group has provided a forum for young people with a disability to meet each other as peers, which is very important if your can interact with others of your own age in school.

It also provides a means to exercise and keep fit for them, and provides a short period of valuable restbite for parents and carers.
8. How is your project evaluated?

We ask for feedback from both the participants and parent/carers.

9. How would you spend the prize money to develop the project?

We would research how to present the information about plants through the seasons to this group in a way they would understand, perhaps with a power point presentation and posters that could be referred to later.

The main funding would be to pay the costs of the group. Room hire, facilitator fees etc.

E. Submitting your entry

Please return this entry form by Friday 24th January 2014 by uploading it on this page

If you have problems uploading your entry or would like to add documents, photos, videos or other media that are relevant to your entry, please email them to awards@lemosandcrane.co.uk quoting
‘The City of London Growing Localities 2013/2014 entry’ and your organisation name in the subject heading.

Thank you for your entry.