## TUTOR REVIEW

<table>
<thead>
<tr>
<th>Course code: 3S142AP103F9 1S142AP101F0</th>
<th>Title: Skilled for Health</th>
<th>Date: 12.08.09</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tutor: Linda Baynes</td>
<td>Number of sessions: 5</td>
<td>Total hours (GLH): 12</td>
</tr>
</tbody>
</table>

### Collation of Learner Feedback (or attach a copy of electronic feedback)

#### How many issued/requested?  How many completed?

<table>
<thead>
<tr>
<th>1</th>
<th>Strongly agree</th>
<th>2</th>
<th>3</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Tutor’s knowledge of the subject was good</td>
<td>5</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>b) The course met my needs</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) The tutor helped me to learn</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) The learning materials were good</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) The tutor was well prepared</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f) The sessions started on time</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g) The tutor helped me individually</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>h) The room was suitable</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i) I enjoyed the course</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
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</table>

2 How many felt they achieved learning goal? 5 out of 5

What reasons were given if they didn’t achieve?

3 How many intend to join another course? 4

What courses are they interested in? Essential skills and ICT

4 How many want information and advice? 2

5 How many would recommend this course to a friend? 5 out of 5

Reasons for not recommending...........

What action has been taken?
**Evaluation:** Considering your own and learner’s views, were the planned learning outcomes on the course outline achieved? Completely ✓  □  Mainly □  Partly □  Not at all □

<table>
<thead>
<tr>
<th>Enrolment</th>
<th>Actual enrolments</th>
<th>Number completed</th>
<th>% PLG Achieved</th>
<th>% Achieved Nat qual</th>
<th>Retention %</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>5</td>
<td>5</td>
<td>100%</td>
<td>0</td>
<td>100%</td>
</tr>
</tbody>
</table>

Are there any issues with quality, resources, training needs or health and safety that you feel should be addressed?

Skilled for Health is a new first step course. It has been designed to encourage probation learners into a learning environment. The course has been designed to delivery five separate active projects.

- Health and Safety: What makes your pulse race? To complete this activity I used skipping ropes, this allowed the learners to monitor their own pulse before and after exercise. There was too much furniture in the room for this exercise; excess furniture needs to be taken out before doing this activity again. Where do we put the excess furniture?

- All learners enjoyed the practical activities and were fully engaged in all training sessions.

- This group was highly motivated and engaged in all activities; however, if the next group wasn’t as motivated there would be significant gaps in the programme. Some of the activities would need to change.

- Develop more practical activities to engage the least motivated learners

- Not all learners drink coffee and tea we need to provide alternatives

- Perhaps introduce ‘who wants to be a millionaire quiz’ into Are you drinking enough?

- Consider learners ICT skills

- Provide differentiation when using computers maybe – design a poster, writing activity

- It would be good for a health specialist to talk about different bacteria and its effect on the body.

What went well and what were the benefits for the learners?

This group was highly motivated and participated in all activities.
- All five learners achieved a Community First Aid certificate
- Excellent group dynamics
- A very keen and enthusiastic group who were willing to share their life experiences
with each other and respected one another

- Lee stated after ‘what makes your pulse race’ activity, it was the best he’d felt for three years.
- The whole group enjoyed what makes your pulse race because it was practical session
- Learners recognised the importance of drinking more water and understood that caffeine is a drug and has side effects.
- The group were willing to share environmental issues due to people drinking and dropping cups, cans and plastic bottles.
- Three learners have enjoyed designing a staying healthy photo-story and presenting it to the group. Unfortunately two learners didn’t like photo story due to using computers.
- The group discussed and shared the importance of storing food correctly
- I’ve learnt a lot about first aid today
- Achieving a first aid certificate
- I have my first certificate
- Meeting new people
- Working and participating in a group is something I’ve never done before
- Linda made this course a lot of fun
- The course was excellent - can it be longer?
- I really enjoyed the course
- Meditation was the best
- Listening to my peers
- Next step continue to develop literacy, numeracy and ICT
- Good feedback and refreshed my knowledge

It would have been even better if……

- There had been more involvement from the health professionals/well being
- We had input from professional advisors e.g. fitness instructor, drug and alcohol advice, construction CSCS, dietician
- We could have responded to the learners’ requests about the second course
- We included more personal information/support e.g. calculating weight and height to find body mass
- More first aid courses