My Circle Of Support at my work place
My Job

My Job Title is Admin Support. At work I do; filing, post. Scanning, Easy read & Support Others.
I have a circle support at work & it is first class! In the next few slides I will describe what it is and How I run it.
A circle of support is a group of people who meet together to give support and friendship to a person. The people in a circle should know and care about the person who needs support. A group of people find it easier to sort things out together than someone on their own. They may have new ideas.
What is a Circle of Support?

People with learning disabilities often find a circle of support is a good way to make their life better. They may want to try new things, meet new people or plan for a change in their life.
What is a Circle of Support?

Circle meetings are best when they are friendly and fun. It helps to think about how you can get people to enjoy themselves. A cup of tea and biscuits (or whatever you enjoy) can help. In my case we have lunch together.
My Circle of Support at work

Me with my Circle Meeting Members
My circle of support

- My circle is part of me
- Me getting along with my colleagues
- Building up my workload
- It is good to have circle members thinking of jobs for me to do
Choosing circle members

– Working with lots of different colleagues

– When one person leaves the circle I choose who will replace them

– I choose people from all the departments

– I decide who to invite

– There are 2 original members
The role of circle members

Circle members should:

✓ make relationships

✓ social time

✓ discussions to help me think about different jobs that are available

✓ help to make things happen.
At the circle meeting

- I write an agenda and send it to the circle
- I lead the meetings
- I ask a member to take notes of the meeting
- I ask the note taker to send a summary of key points after the meeting
Chairing my circle meeting